

- *Do the training dates meet your needs?*
- *We can vary the start / finish time?*
- *Would you rather we came to your premises?*

We can train a group of your staff at a time and on a date to suit your business needs, please contact us for a quote.

For more details or to arrange a site visit please telephone / email our training department.

Tel 674387 info@sja.org.im

2023



First Aid and Health & Safety training for your workplace



Now you have the right skills make sure you have the right supplies



Call for details

St John Ambulance
Glencrutchery Road
Douglas
Isle of Man
IM2 6BG

01624 674387

info@sja.org.im

'Like' our Facebook page: St John Ambulance, Isle of Man



First aid @ work

£299.00 + vat

3 day course 9.30 am - 5.00 pm

Jan 18 - 20 Feb 08 - 10 Mar 07 - 09 Apr 25 - 27 May 23 - 25 Jun 14 - 16
Jun 26 - 28 Jul 12 - 14 Jul 24 - 26 Aug 16 - 18 Sep 12 - 14 Sep 25 - 27
Oct 04 - 06 Oct 25 - 27 Nov 01—03 Nov 28—30

First aid @ work - requalification

£209.00 + vat

2 day course 9.30 am - 5.00 pm

Jan 24 + 25 Feb 02 + 03 Feb 16 + 17 Mar 02 + 03 Mar 15 + 16 Apr 04 + 05
Apr 20 + 21 May 09 + 10 May 18 + 19 Jun 22 + 23 Jul 19 + 20 Aug 10 + 11
Sep 21 + 22 Oct 16 + 17 Nov 14 + 15

Emergency first aid @ work

£119.00 + vat

1 day course 9.30 am - 5.00 pm

Jan 06 Jan 11 Jan 17 Jan 26 Feb 01 Feb 07 Feb 15 Feb 28
Mar 10 Mar 14 Apr 11 Apr 18 Apr 28 May 11 May 26 Jun 13
Jun 21 Jun 29 Jul 04 Jul 11 Jul 21 Jul 27 Aug 01 Aug 15
Sep 08 Sept 15 Sept 29 Oct 03 Oct 18 Oct 24 Oct 31 Nov 16
Nov 21 Dec 07

Automated external defibrillation

£30.00 + vat

Morning course 9.00 am - 12.00 Noon

Jan 14 May 12

Afternoon course 2.00 pm - 5.00 pm

Jan 10 Feb 07 Mar 01 Jun 21 Jul 07 Jul 28 Aug 08
Sept 20 Oct 19 Nov 17 Dec 08

Evening course 6.30 pm - 9.30pm

Apr 26

Mental Health First Aid

£300.00 + vat

2 day course 9.00 am - 5.00pm

March 16 + 17 May 16 + 17 Aug 03 + 04 Dec 05 + 06

Essential first aid - all ages

£30.00 + vat

Morning course 9.00 am - 12.00 Noon

Jan 28 Feb 11 Mar 18 Apr 22 May 20 Jun 17 Jul 08 Sept 09
Oct 21 Nov 04

Evening course 6.30 pm - 9.30 pm

Jan 11 Jan 25 Feb 15 Mar 01 Apr 05 May 03 Jun 28 Aug 09
Aug 30 Sept 20 Oct 04 Nov 22 Dec 06

Standard first aid - healthcare workers

£30.00 + vat

Evening course 6.30 pm - 9.30pm

Apr 24 Jun 21

Moving & handling - principles

£56.00 + vat

Morning course 9.00 am - 12.00 Noon

Mar 02 May 15 Oct 03

Fire marshal

£94.00 + vat

half day course 9.00 am - 1.00 pm

Jan 10 Jan 27 Feb 07 Mar 01 Apr 06 Apr 24 May 08 Jun 30
Jul 07 Jul 28 Aug 08 Sept 20 Oct 19 Nov 17 Dec 08

IOSH working safely

£140.00 + vat

1 day course 9.00 am - 5.00 pm

Mar 20 Oct 09

IOSH managing safely

£450.00 + vat

4 day course 9.00 am - 5.00 pm

Mar 21 - 24 Oct 10 - 13