

First aid at work requalification

This course updates the first aid skills for people who need to renew their statutory first aid at work certificate and whose existing certificate is still valid.

First aiders whose certificates have expired for **more than 28 days** must attend the [three day first aid at work](#) course. Please note that you need to have completed this course **before the 28 days** after expiry of your certificate are up.

Who should attend?

This course is for people wishing to renew a valid first aid at work certificate.

What you will learn

The course aims to update and refresh your knowledge of the First aid at work syllabus, while allowing time for revision and practice sessions in preparation for a final assessment.

Course content

The course includes an update of first aid knowledge and skills and a revision of workplace requirements.

Course duration

Two days.

Assessment and certification

Candidates will receive an HSE approved certificate on completion of summative continuous assessment by the trainer.

New assessment process

Following changes affecting all first aid training providers, people attending our workplace First Aid courses (the 3-day initial, 2-day requalification and the 1-day Emergency First Aid) are now both trained and assessed by one expert trainer/assessor whilst the course is progressing and not by using a separate examination at the end.

This assessment will be through observation along with some written exercises. Whilst these written elements are straightforward, candidates need a basic command of English (defined as Level 2). So whilst we are often able to provide support to people who for example do not have English as a first language, our ability to do so is limited by the time available and the number of people who require assistance, although we may be able to make special arrangements if requested in advance. Please contact us if you need any guidance.